

**ABSTRACT OF THE DISCLOSURE**

A sanitary napkin for use by a woman for feminine hygiene and adapted to be worn in an undergarment having a main body portion including a liquid permeable body faceable cover layer, a liquid impermeable garment faceable barrier layer, an absorbent element therebetween. The main body portion has at least two longitudinally extending hinges in a center region adjacent the longitudinal edges. Each hinge is adapted to provide a longitudinally extending preferential bending axis. The hinges are spaced apart along at least a portion of their length and at least one hinge has a radius of curvature and an adjacent hinge is either substantially straight or has a radius of curvature greater than the other hinge